

Who Says Women Cant Be Doctors The Story Of Elizabeth Blackwell

Who Says Women Can't Be Doctors?The Story of Elizabeth BlackwellHenry Holt and Company (BYR)

"What does everyone in the modern world need to know? [The author's] answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. [The author discusses] discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life"--

Cora is a slave on a cotton plantation in Georgia. When Caesar, a recent arrival from Virginia, tells her about the Underground Railroad, they decide to take a terrifying risk and escape. Though they manage to find a station and head north, they are being hunted. Their first stop is South Carolina, in a city that initially seems like a haven. But the city's placid surface masks an insidious scheme designed for its black denizens. And even worse: Ridgeway, the relentless slave catcher, is close on their heels.

In 1967, Kathrine Switzer was the first woman to officially run what was then the all male Boston Marathon, infuriating one of the event's directors who attempted to violently eject her. In what would become an iconic sports image, Switzer escaped and finished the race. This was a watershed moment for the sport, as well as a significant

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event in women's history. Including updates from the 2008 Summer Olympics, the paperback edition of *Marathon Woman* details the life of an incredible, pioneering athlete, and the lasting effect she's had on women's sports. Switzer's energy and drive permeate the pages of this warm, witty memoir as she describes everything from the childhood events that inspired her to succeed to her big win in the 1974 New York City Marathon, and beyond.

Bestselling author Sherman Alexie tells the story of Junior, a budding cartoonist growing up on the Spokane Indian Reservation. Determined to take his future into his own hands, Junior leaves his troubled school on the rez to attend an all-white farm town high school where the only other Indian is the school mascot. Heartbreaking, funny, and beautifully written, *The Absolutely True Diary of a Part-Time Indian*, which is based on the author's own experiences, coupled with poignant drawings by Ellen Forney that reflect the character's art, chronicles the contemporary adolescence of one Native American boy as he attempts to break away from the life he was destined to live. With a forward by Markus Zusak, interviews with Sherman Alexie and Ellen Forney, and four-color interior art throughout, this edition is perfect for fans and collectors alike.

An introduction to the life and achievements of the first American female doctor describes the limited career prospects available to women in the early nineteenth-century, the opposition Blackwell faced while pursuing a medical education, and her pioneering medical career that opened doors for future generations of women.

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Essential reading for our times, as women are pulling together to demand their rights—A landmark portrait of women, men, and power in a transformed world. “Anchored by data and aromatized by anecdotes, [Rosin] concludes that women are gaining the upper hand.” –The Washington Post Men have been the dominant sex since, well, the dawn of mankind. But Hanna Rosin was the first to notice that this long-held truth is, astonishingly, no longer true. Today, by almost every measure, women are no longer gaining on men: They have pulled decisively ahead. And “the end of men”—the title of Rosin’s Atlantic cover story on the subject—has entered the lexicon as dramatically as Betty Friedan’s “feminine mystique,” Simone de Beauvoir’s “second sex,” Susan Faludi’s “backlash,” and Naomi Wolf’s “beauty myth” once did. In this landmark book, Rosin reveals how our current state of affairs is radically shifting the power dynamics between men and women at every level of society, with profound implications for marriage, sex, children, work, and more. With wide-ranging curiosity and insight unhampered by assumptions or ideology, Rosin shows how the radically different ways men and women today earn, learn, spend, couple up—even kill—has turned the big picture upside down. And in *The End of Men* she helps us see how, regardless of gender, we can adapt to the new reality and channel it for a better future.

Shows couples ways to improve communication, discusses giving and receiving criticism, and reexamines popular stereotypes.

"A bold and subversive retelling of the goddess's story," this #1 New York Times bestseller is

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"both epic and intimate in its scope, recasting the most infamous female figure from the Odyssey as a hero in her own right" (Alexandra Alter, The New York Times). In the house of Helios, god of the sun and mightiest of the Titans, a daughter is born. But Circe is a strange child -- not powerful, like her father, nor viciously alluring like her mother. Turning to the world of mortals for companionship, she discovers that she does possess power -- the power of witchcraft, which can transform rivals into monsters and menace the gods themselves. Threatened, Zeus banishes her to a deserted island, where she hones her occult craft, tames wild beasts and crosses paths with many of the most famous figures in all of mythology, including the Minotaur, Daedalus and his doomed son Icarus, the murderous Medea, and, of course, wily Odysseus. But there is danger, too, for a woman who stands alone, and Circe unwittingly draws the wrath of both men and gods, ultimately finding herself pitted against one of the most terrifying and vengeful of the Olympians. To protect what she loves most, Circe must summon all her strength and choose, once and for all, whether she belongs with the gods she is born from, or the mortals she has come to love. With unforgettably vivid characters, mesmerizing language, and page-turning suspense, Circe is a triumph of storytelling, an intoxicating epic of family rivalry, palace intrigue, love and loss, as well as a celebration of indomitable female strength in a man's world. #1 New York Times Bestseller -- named one of the Best Books of the Year by NPR, the Washington Post, People, Time, Amazon, Entertainment Weekly, Bustle, Newsweek, the A.V. Club, Christian Science Monitor, Refinery 29, BuzzFeed, Paste, Audible, Kirkus, Publishers Weekly, Thrillist, NYPL, Self, Real Simple, Goodreads, Boston Globe, Electric Literature, BookPage, the Guardian, Book Riot, Seattle Times, and Business Insider.

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The enchanting and bloodthirsty sequel to the New York Times bestselling novel *The Cruel Prince*. You must be strong enough to strike and strike and strike again without tiring. The first lesson is to make yourself strong. After the jaw-dropping revelation that Oak is the heir to Faerie, Jude must keep her brother safe. To do so, she has bound the wicked king, Cardan, to her, and made herself the power behind the throne. Navigating the constantly shifting political alliances of Faerie would be difficult enough if Cardan were easy to control. But he does everything in his power to humiliate and undermine her even as his fascination with her remains undiminished. When it becomes all too clear that someone close to Jude means to betray her, threatening her own life and the lives of everyone she loves, Jude must uncover the traitor and fight her own complicated feelings for Cardan to maintain control as a mortal in a Faerie world.

Using findings from the latest information in developmental psychology, neuroscience and education, this book debunks the assumed differences between male and female brain function and reveals the brain's remarkable plasticity and the influence of culture on identity. Reprint.

Elizabeth Cady Stanton stood up and fought for what she believed in. From an early age, she knew that women were not given rights equal to men. But rather than accept her lesser status, Elizabeth went to college and later gathered other like-minded women to challenge the right to vote. Here is the inspiring story of an extraordinary woman who changed America forever because she wouldn't take "no" for an answer. *Elizabeth Leads the Way* is a 2009 Bank Street - Best Children's Book of the Year.

A picture book biography of Ada Lovelace, the woman recognized today as history's first

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computer programmer—she imagined them 100 years before they existed! In the early nineteenth century lived Ada Byron: a young girl with a wild and wonderful imagination. The daughter of internationally acclaimed poet Lord Byron, Ada was tutored in science and mathematics from a very early age. But Ada's imagination was never meant to be tamed and, armed with the fundamentals of math and engineering, she came into her own as a woman of ideas—equal parts mathematician and philosopher. From her whimsical beginnings as a gifted child to her most sophisticated notes on Charles Babbage's Analytical Engine, this book celebrates the woman recognized today as the first computer programmer. This title has Common Core connections. Christy Ottaviano Books

The bestselling coming-of-age classic, acclaimed by critics, beloved by readers of all ages, taught in schools and universities alike, and translated around the world—from the winner of the 2019 PEN/Nabokov Award for Achievement in International Literature. *The House on Mango Street* is the remarkable story of Esperanza Cordero, a young Latina girl growing up in Chicago, inventing for herself who and what she will become. Told in a series of vignettes—sometimes heartbreaking, sometimes deeply joyous—Sandra Cisneros' masterpiece is a classic story of childhood and self-discovery. Few other books in our time have touched so many readers.

#1 NEW YORK TIMES BESTSELLER • Includes two new essays! NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY MICHIKO KAKUTANI, THE NEW YORK TIMES • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BUZZFEED, THE GLOBE AND MAIL, AND LIBRARY JOURNAL For readers of Nora Ephron, Tina Fey, and David Sedaris, this hilarious, wise, and fiercely candid collection of personal essays establishes Lena Dunham—the

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acclaimed creator, producer, and star of HBO's *Girls*—as one of the most original young talents writing today. In *Not That Kind of Girl*, Dunham illuminates the experiences that are part of making one's way in the world: falling in love, feeling alone, being ten pounds overweight despite eating only health food, having to prove yourself in a room full of men twice your age, finding true love, and most of all, having the guts to believe that your story is one that deserves to be told. "Take My Virginity (No Really, Take It)" is the account of Dunham's first time, and how her expectations of sex didn't quite live up to the actual event ("No floodgate had been opened, no vault of true womanhood unlocked"); "Girls & Jerks" explores her former attraction to less-than-nice guys—guys who had perfected the "dynamic of disrespect" she found so intriguing; "Is This Even Real?" is a meditation on her lifelong obsession with death and dying—what she calls her "genetically predestined morbidity." And in "I Didn't F*** Them, but They Yelled at Me," she imagines the tell-all she will write when she is eighty and past caring, able to reflect honestly on the sexism and condescension she has encountered in Hollywood, where women are "treated like the paper thingies that protect glasses in hotel bathrooms—necessary but infinitely disposable." Exuberant, moving, and keenly observed, *Not That Kind of Girl* is a series of dispatches from the frontlines of the struggle that is growing up. "I'm already predicting my future shame at thinking I had anything to offer you," Dunham writes. "But if I can take what I've learned and make one menial job easier for you, or prevent you from having the kind of sex where you feel you must keep your sneakers on in case you want to run away during the act, then every misstep of mine will have been worthwhile." Praise for *Not That Kind of Girl* "The gifted Ms. Dunham not only writes with observant precision, but also brings a measure of perspective, nostalgia and an older person's sort of wisdom to her

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portrait of her (not all that much) younger self and her world. . . . As acute and heartfelt as it is funny.”—Michiko Kakutani, *The New York Times* “It’s not Lena Dunham’s candor that makes me gasp. Rather, it’s her writing—which is full of surprises where you least expect them. A fine, subversive book.”—David Sedaris “This book should be required reading for anyone who thinks they understand the experience of being a young woman in our culture. I thought I knew the author rather well, and I found many (not altogether welcome) surprises.”—Carroll Dunham “Witty, illuminating, maddening, bracingly bleak . . . [Dunham] is a genuine artist, and a disturber of the order.”—*The Atlantic*

Suffused with eroticism and focusing on the corrupting influence of power, *The Monk* pioneered a shocking new form of Gothic novel, where elements such as mob violence, incest and brutal murders replaced the gentler horrors of earlier practitioners of the genre such as Horace Walpole and Ann Radcliffe. Alma Classics is committed to making available a wide range of literature from around the globe. Most of the titles are enriched by an extensive critical apparatus, notes and extra reading material, as well as a selection of photographs. The texts are based on the most authoritative edition and edited using a fresh, accessible editorial approach. With an emphasis on production, editorial and typographical values, Alma Classics aspires to revitalize the whole experience of reading classics.

A BEST BOOK OF 2018 SELECTION NPR * *The Washington Post* * *Book Riot* * *Autostraddle* * *Psychology Today* ***A BEST FEMINIST BOOK SELECTION*** *Refinery 29*, *Book Riot*, *Autostraddle*, *BITCH* *Rage Becomes Her* is an “utterly eye opening” (*Bustle*) book that gives voice to the causes,

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expressions, and possibilities of female rage. As women, we've been urged for so long to bottle up our anger, letting it corrode our bodies and minds in ways we don't even realize. Yet there are so, so many legitimate reasons for us to feel angry, ranging from blatant, horrifying acts of misogyny to the subtle drip, drip drip of daily sexism that reinforces the absurdly damaging gender norms of our society. In *Rage Becomes Her*, Soraya Chemaly argues that our anger is not only justified, it is also an active part of the solution. We are so often encouraged to resist our rage or punished for justifiably expressing it, yet how many remarkable achievements would never have gotten off the ground without the kernel of anger that fueled them? Approached with conscious intention, anger is a vital instrument, a radar for injustice and a catalyst for change. On the flip side, the societal and cultural belittlement of our anger is a cunning way of limiting and controlling our power—one we can no longer abide. "A work of great spirit and verve" (Time), *Rage Becomes Her* is a validating, energizing read that will change the way you interact with the world around you.

Their Eyes Were Watching God is a 1937 novel by African-American writer Zora Neale Hurston. It is considered a classic of the Harlem Renaissance of the 1920s, and it is likely Hurston's best known work.

"A groundbreaking and illuminating look at the state of abortion access in

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America and the first long-term study of the consequences—emotional, physical, financial, professional, personal, and psychological—of receiving versus being denied an abortion on women's lives"--

The groundbreaking classic that explores how women can and should negotiate for parity in their workplaces, homes, and beyond When Linda Babcock wanted to know why male graduate students were teaching their own courses while female students were always assigned as assistants, her dean said: "More men ask. The women just don't ask." Drawing on psychology, sociology, economics, and organizational behavior as well as dozens of interviews with men and women in different fields and at all stages in their careers, *Women Don't Ask* explores how our institutions, child-rearing practices, and implicit assumptions discourage women from asking for the opportunities and resources that they have earned and deserve—perpetuating inequalities that are fundamentally unfair and economically unsound. *Women Don't Ask* tells women how to ask, and why they should.

The life of the first woman doctor in the United States, who worked in England and America to open the field of medicine to women.

In this humorous and perceptive exchange between two devils, C. S. Lewis delves into moral questions about good vs. evil, temptation, repentance, and

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grace. Through this wonderful tale, the reader emerges with a better understanding of what it means to live a faithful life.

Factory Girls meets The Vagina Monologues in this fascinating narrative on China's single women—and why they could be the source of its economic future. Forty years ago, China enacted the one-child policy, only recently relaxed. Among many other unintended consequences, it resulted in both an enormous gender imbalance—with a predicted twenty million more men than women of marriage age by 2020—and China's first generations of only-daughters. Given the resources normally reserved for boys, these girls were pushed to study, excel in college, and succeed in careers, as if they were sons. Now living in an economic powerhouse, enough of these women have decided to postpone marriage—or not marry at all—to spawn a label: "leftovers." Unprecedentedly well-educated and goal-oriented, they struggle to find partners in a society where gender roles have not evolved as vigorously as society itself, and where new professional opportunities have made women less willing to compromise their careers or concede to marriage for the sake of being wed. Further complicating their search for a mate, the vast majority of China's single men reside in and are tied to the rural areas where they were raised. This makes them geographically, economically, and educationally incompatible with city-dwelling "leftovers," who

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also face difficulty in partnering with urban men, given the urban men's general preference for more dutiful, domesticated wives. Part critique of China's paternalistic ideals, part playful portrait of the romantic travails of China's trailblazing women and their well-meaning parents who are anxious to see their daughters snuggled into traditional wedlock, Roseann Lake's *Leftover in China* focuses on the lives of four individual women against a backdrop of colorful anecdotes, hundreds of interviews, and rigorous historical and demographic research to show how these "leftovers" are the linchpin to China's future.

'I am a woman's rights. I have plowed and reaped and husked and chopped and mowed, and can any man do more than that? I am as strong as any man that is now' A former slave and one of the most powerful orators of her time, Sojourner Truth fought for the equal rights of Black women throughout her life. This selection of her impassioned speeches is accompanied by the words of other inspiring African-American female campaigners from the nineteenth century. One of twenty new books in the bestselling Penguin Great Ideas series. This new selection showcases a diverse list of thinkers who have helped shape our world today, from anarchists to stoics, feminists to prophets, satirists to Zen Buddhists. The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain

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racial inequality. In this “vital, necessary, and beautiful book” (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’ (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

This book is about a biblical topic that is probably as controversial now as it was when Christ walked the earth. What it has to do with is whether a woman can be called by God to any of the leadership positions in the church. The traditional perspective that a woman is to be subservient to church authority; to her husband in the home; and the conjecture to males in the leadership positions of society has permeated culture for thousands of years. I believe there is a worldwide audience of men and women in church, the political realm, and the home that would be interested in finding out if there is an alternative view to this biblical perception that would present a convincing case by providing both circumstantial and direct scriptural evidence that would support a women's ordination in the church, her rightful place in the home, and her capacity to assume leadership roles that have for so long been against cultural norms. Could an argument be made that might support such by providing both circumstantial and direct Bible scriptural evidence? Join me in the search for the truth in this matter. We will begin a thorough study by looking at those Jews who were called to the service of the priesthood, followed by

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some of the other positions of leadership such as Judges, Kings, and Prophets of the Old Testament, and ending with looking at those who were called to the leadership offices of the New Testament church, while including all that is in between. In connection with this, we will revisit the many reasons that have been used in the past to support the conjecture that only males are called, such as Adam being created first by God; Eve being formed from his rib and being made to be his help meet; the husband designated as the head of the home; Jesus only appointing males to be his disciples and the slogan that this is the way it has always been. You'll find this study enlightening, thought-provoking, and with the presentation of earth-shattering direct evidence that will turn traditional views about this subject on their head.

Perfect funny appreciation gift for your favorite coach! Show 'em love by gifting them this funny notebook so they can release their anger in this journal instead of their players 100 pages of high quality paper (50 sheets) It can be used as a journal, notebook or just a composition book 6" x 9" Paperback notebook, soft matte cover Perfect for gel pen, ink or pencils Great size to carry everywhere in your bag, for work, high school, college... It will make a great gift for any special occasion: Christmas, Secret Santa, Birthday...

Released for the first time in paperback, this landmark social and political volume on feminism is credited with being responsible for raising awareness, liberating both sexes, and triggering major advances in the feminist movement. Reprint.

As a writer for AskMen.com, Examiner.com, co-founder and Dating and Relationship Consultant for Suave Lover International and the Suave Lover Podcast, long term bartender and public health professional, I have direct client, personal and social experiences towards improving and solving pick up, dating and relationship situations. The young straight men I've

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seen and worked with, initially want two things, to meet more women and have more sex. What they don't know is that the success for those two things relies on more than specific pick up lines and rico suave moves, it involves becoming a better man. The current market for pickup and dating self-help material is overwhelming, objectifying, lacks universality and misses out on this concept. The Essentials provides quick answers for men who want to improve their success with women but with a focus on overall development. Packaged as a travel-friendly, one-stop summary of the very best advice, with sections ranging from self-improvement to creating and sustaining relationships, The Essentials is what you need to improve your current status as a Man. Problem: The current market for pickup and dating self-help material is overwhelming, objectifying, and lacks universality. Solution: The Essentials, packaged as a travel-friendly, one-stop summary of advice, avoids pick-up lines or rico suave moves, and provides expert and concise answers for men who want to improve their success with women but with a focus on overall internal development. Short and to the Point: Read this - Meet more people, Have more sex, Improve yourself

WINNER OF THE 2021 JOYCE CAROL OATES PRIZE NAMED A BEST BOOK OF 2020 BY O MAGAZINE, THE NEW YORKER, THE WASHINGTON POST, REAL SIMPLE, THE GUARDIAN, AND MORE FINALIST FOR: THE STORY PRIZE, THE L.A. TIMES BOOK PRIZE, THE ASPEN WORDS LITERARY PRIZE, THE CHAUTAUQUA PRIZE “Sublime short stories of race, grief, and belonging . . . an extraordinary new collection . . .” —The New Yorker “Evans’s new stories present rich plots reflecting on race relations, grief, and love . . .” —The New York Times Book Review, Editor’s Choice “Danielle Evans demonstrates, once again, that she is the finest short story writer working today.” —Roxane Gay, The New York

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Times–bestselling author of *Difficult Women* and *Bad Feminist* The award-winning author of *Before You Suffocate Your Own Fool Self* brings her signature voice and insight to the subjects of race, grief, apology, and American history. Danielle Evans is widely acclaimed for her blisteringly smart voice and X-ray insights into complex human relationships. With *The Office of Historical Corrections*, Evans zooms in on particular moments and relationships in her characters' lives in a way that allows them to speak to larger issues of race, culture, and history. She introduces us to Black and multiracial characters who are experiencing the universal confusions of lust and love, and getting walloped by grief—all while exploring how history haunts us, personally and collectively. Ultimately, she provokes us to think about the truths of American history—about who gets to tell them, and the cost of setting the record straight. In “Boys Go to Jupiter,” a white college student tries to reinvent herself after a photo of her in a Confederate-flag bikini goes viral. In “Richard of York Gave Battle in Vain,” a photojournalist is forced to confront her own losses while attending an old friend’s unexpectedly dramatic wedding. And in the eye-opening title novella, a black scholar from Washington, DC, is drawn into a complex historical mystery that spans generations and puts her job, her love life, and her oldest friendship at risk.

Since its initial publication in 1990, this book has become a key work of contemporary feminist theory, and an essential work for anyone interested in the study of gender, queer theory, or the politics of sexuality in culture. This is the text where the author began to advance the ideas that would go on to take life as "performativity theory," as well as some of the first articulations of the possibility for subversive gender practices. Overall, this book offers a powerful critique of heteronormativity and of the function of gender in the modern world.

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Includes a new afterword by the author • “Slaughter’s gift for illuminating large issues through everyday human stories is what makes this book so necessary for anyone who wants to be both a leader at work and a fully engaged parent at home.”—Arianna Huffington NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE WASHINGTON POST, NPR, AND THE ECONOMIST When Anne-Marie Slaughter accepted her dream job as the first female director of policy planning at the U.S. State Department in 2009, she was confident she could juggle the demands of her position in Washington, D.C., with the responsibilities of her family life in suburban New Jersey. Her husband and two young sons encouraged her to pursue the job; she had a tremendously supportive boss, Secretary of State Hillary Clinton; and she had been moving up on a high-profile career track since law school. But then life intervened. Parenting needs caused her to make a decision to leave the State Department and return to an academic career that gave her more time for her family. The reactions to her choice to leave Washington because of her kids led her to question the feminist narrative she grew up with. Her subsequent article for *The Atlantic*, “Why Women Still Can’t Have It All,” created a firestorm, sparked intense national debate, and became one of the most-read pieces in the magazine’s history. Since that time, Anne-Marie Slaughter has pushed forward, breaking free of her long-standing assumptions about work, life, and family. Though many solutions have been proposed for how women can continue to break the glass ceiling or rise above the “motherhood penalty,” women at the top and the bottom of the income scale are further and further apart. Now, in her refreshing and forthright voice, Anne-Marie Slaughter returns with her vision for what true equality between men and women really means, and how we can get there. She uncovers the missing piece of the puzzle, presenting a new focus that can reunite

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the women's movement and provide a common banner under which both men and women can advance and thrive. With moving personal stories, individual action plans, and a broad outline for change, Anne-Marie Slaughter reveals a future in which all of us can finally finish the business of equality for women and men, work and family. "I'm confident that you will be left with Anne-Marie's hope and optimism that we can change our points of view and policies so that both men and women can fully participate in their families and use their full talents on the job."—Hillary Rodham Clinton

A picture book biography of Ada Lovelace, the woman recognized today as history's first computer programmer—she imagined them 100 years before they existed! In the early nineteenth century lived Ada Byron: a young girl with a wild and wonderful imagination. The daughter of internationally acclaimed poet Lord Byron, Ada was tutored in science and mathematics from a very early age. But Ada's imagination was never meant to be tamed and, armed with the fundamentals of math and engineering, she came into her own as a woman of ideas—equal parts mathematician and philosopher. From her whimsical beginnings as a gifted child to her most sophisticated notes on Charles Babbage's Analytical Engine, this book celebrates the woman recognized today as the first computer programmer. A Christy Ottaviano Book

Written as an engrossing fictional story, the book, essentially, is guidance for every woman in her journey towards love, happiness and fulfilling her most

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daring dreams! This book reveals ancient sacral knowledge of Ayurveda and Yoga mixed with practical psychological advice, which will transform any woman into a strong, confident, independent and yet, feminine, passionate and desirable woman, who effortlessly creates the world of her dreams, both in her career and love life. In the book you will learn energy practices, meditations and exercises from Kundalini and Tantra Yoga - to attract men you always wanted and meet your soul mate. - to become a love goddess and give unforgettable pleasure to your partner - to use your inner power to make your wishes come true - to open your heart in order to find your calling in life and fulfil your destiny The book shares some life wisdom to help you learn - what to do during all stages of dating, from the first meeting to the first night - effective methods to get over your ex-boyfriend, gain confidence and increase your self-awareness. - 4 manifestations of a true woman, that every man looks for - enjoy every moment of being and bring love, happiness, creativity and passion into your life Join the heroine in her exciting journey to find her true self! One spring day, hopelessly unlucky in love Alexandra leaves her dull office life in London for the sunny South of France to visit her aunt, who promises to teach her some ancient secrets about the art of seduction and mystical women's power. The young lady is intrigued by an opportunity to gain love and happiness. As her lessons progress,

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she tries out the newly acquired knowledge in her romantic affairs with two gentlemen. However, she has no idea how dramatically her life will change... Where will her journey bring her?

Revised edition of the best-selling memoir that has been read by over a million people worldwide with translations in 29 languages. After too many years of unfulfilling work, Bronnie Ware began searching for a job with heart. Despite having no formal qualifications or previous experience in the field, she found herself working in palliative care. During the time she spent tending to those who were dying, Bronnie's life was transformed. Later, she wrote an Internet blog post, outlining the most common regrets that the people she had cared for had expressed. The post gained so much momentum that it was viewed by more than three million readers worldwide in its first year. At the request of many, Bronnie subsequently wrote a book, *The Top Five Regrets of the Dying*, to share her story. Bronnie has had a colourful and diverse life. By applying the lessons of those nearing their death to her own life, she developed an understanding that it is possible for everyone, if we make the right choices, to die with peace of mind. In this revised edition of the best-selling memoir that has been read by over a million people worldwide, with translations in 29 languages, Bronnie expresses how significant these regrets are and how we can positively address these issues

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while we still have the time. The Top Five Regrets of the Dying gives hope for a better world. It is a courageous, life-changing book that will leave you feeling more compassionate and inspired to live the life you are truly here to live. In this instant New York Times bestseller, Angela Duckworth shows anyone striving to succeed that the secret to outstanding achievement is not talent, but a special blend of passion and persistence she calls “grit.” “Inspiration for non-geniuses everywhere” (People). The daughter of a scientist who frequently noted her lack of “genius,” Angela Duckworth is now a celebrated researcher and professor. It was her early eye-opening stints in teaching, business consulting, and neuroscience that led to her hypothesis about what really drives success: not genius, but a unique combination of passion and long-term perseverance. In Grit, she takes us into the field to visit cadets struggling through their first days at West Point, teachers working in some of the toughest schools, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. Finally, she shares what she’s learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to New Yorker cartoon editor Bob Mankoff to Seattle Seahawks Coach Pete Carroll. “Duckworth’s ideas about the cultivation of tenacity have clearly changed some lives for the better” (The

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New York Times Book Review). Among Grit's most valuable insights: any effort you make ultimately counts twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a warm embrace nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Winningly personal, insightful, and even life-changing, Grit is a book about what goes through your head when you fall down, and how that—not talent or luck—makes all the difference. This is “a fascinating tour of the psychological research on success” (The Wall Street Journal).

No matter one's political persuasion, most of us agree there's something deeply wrong in America today. Conflict has reached a fever pitch as our nation has become alarmingly polarized in the political arena. Many look to politicians and public policies for solutions, but journalist Andrew Breitbart rightly said that politics couldn't be fixed if culture is ignored, because “politics is downstream from culture.” McAllister would take this observation a step further—politics might be downstream from culture, but culture is downstream from relationships. If we don't focus on the personal building blocks of society, we will fail to fix problems in culture and the politics that flow from it. If relationships are sick or broken—especially those between men and women—then everything else is

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affected. If there's little love, respect, and trust there, you won't find it anywhere else. Men are tired of being dumped on. They have a lot to say to women about sex, equality in the workplace, raising boys, and the lie of "toxic masculinity," but modern feminism and a politically correct culture have silenced them. This "war on men" has disrupted relationships and caused men to question their place in American society. "Misogyny," "male privilege," and "the Patriarchy" are buzzwords that shut men down. Some are so frustrated they've given up entirely—"Who needs women if all they're going to do is use you and treat you like garbage?" Anger, separation, and simply giving up aren't solutions to a festering problem. Instead, we need to heal relationships by learning to respect the designed purposes of masculinity and femininity. For this to happen, women will need to hear some hard truths about themselves and those they love. In *What Men Want to Say to Women (But Can't)*, cultural commentator and New York Times bestselling author Denise McAllister speaks to women on men's behalf—exposing the lies of modern feminism and offering insights on how to rebuild broken relationships in the workplace, at home, and in the bedroom. Here's a sneak peek at a few things men would like to say to women, but can't:

- "When I look at your cleavage, it doesn't mean I want to rape you."
- "Stop complaining about equal pay when you don't do equal work."
- "Children need

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their father—stop shutting men out of the picture because you think you do everything better.” • “I will teach my son to compete—now go toss that participation trophy in the trash!” “A triumph of compassion, insight, and good sense. Denise McAllister doesn’t just want to fix how men and women talk to each other. She wants to heal a fraying holy sacrament. Read this book to save your marriage—or to find one.” —Milo Yiannopoulos

The multi-million bestselling novel about a young girl's journey towards healing and the transforming power of love, from the award-winning author of *The Invention of Wings* and *The Book of Longings* Set in South Carolina in 1964, *The Secret Life of Bees* tells the story of Lily Owens, whose life has been shaped around the blurred memory of the afternoon her mother was killed. When Lily's fierce-hearted black "stand-in mother," Rosaleen, insults three of the deepest racists in town, Lily decides to spring them both free. They escape to Tiburon, South Carolina--a town that holds the secret to her mother's past. Taken in by an eccentric trio of black beekeeping sister, Lily is introduced to their mesmerizing world of bees and honey, and the Black Madonna. This is a remarkable novel about divine female power, a story that women will share and pass on to their daughters for years to come.

In the 1830s, when a brave and curious girl named Elizabeth Blackwell was

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growing up, women were supposed to be wives and mothers. Some women could be teachers or seamstresses, but career options were few. Certainly no women were doctors. But Elizabeth refused to accept the common beliefs that women weren't smart enough to be doctors, or that they were too weak for such hard work. And she would not take no for an answer. Although she faced much opposition, she worked hard and finally—when she graduated from medical school and went on to have a brilliant career—proved her detractors wrong. This inspiring story of the first female doctor shows how one strong-willed woman opened the doors for all the female doctors to come. *Who Says Women Can't Be Doctors?* by Tanya Lee Stone is an NPR Best Book of 2013 This title has common core connections.

In *Stop Sabotaging Your Life: 3 Steps To Your Full Potential*, acclaimed life coach Bruno LoGreco shares his simple path to achieving healthy mental and emotional independence. How many times have you caught yourself thinking something like this?: I'm not enough—good enough...smart enough...good looking enough...successful enough.... LoGreco says we sabotage our lives by focusing too much on being what others want us to be and do, and not spending enough time listening to our own hearts and minds. Some people try to find self-acceptance and contentment through counseling, but end up trapped on the

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therapy treadmill. Others try to go it alone, but still end up in a tiresome process of navel-gazing that never leads to personal fulfillment. LoGreco offers a three-step plan to help you reach your own potential: self-awareness (recognize what you have been doing, and why); rebuilding values (learn a different way to do things); and reach your full potential (identify opportunities and set meaningful goals). You will learn to leverage your strengths to stop chasing illusions and work toward achieving your dreams. LoGreco doesn't claim his book will cure everything that ails you. As he says, "There is no secret formula, no magic pill that will make you happy, productive, and successful. You must challenge your beliefs and take back control of your choices. Don't just think outside the box—break out of it altogether." What clients and readers are saying about life coach, mentor, and motivational speaker Bruno LoGreco: "As a divorced mother of three, I've encountered many obstacles, mostly personal ones within myself. I wondered why I kept repeating the same patterns with the men I was dating and why it always ended badly, usually with me being hurt, and questioned what 'I' was doing wrong. Bruno taught me how to love myself again, how to respect myself and above all else, BELIEVE in myself.... Bruno saved me from my self-destructive patterns. Without his help, I wouldn't be the confident woman I am today. I am a better mother for that." — Cristina "The world is filled with very

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successful executives who for decades focus every waking minute on professional accolades and professional development [only to] realize they haven't take the time out to focus on personal development in terms of a better balance in life, being in touch with their spiritual side and inner self, and even the fun side of life. That would describe me in the past.... I came across Bruno, and I knew he was the man. His personality exudes authenticity and geniality. The man simply knows his stuff, has this uncanny ability to read between the lines, and zero in instantly on underlying triggers. His structured approach steers you to address issues head on; challenges you to challenge yourself; opens your mind; helps you understand behaviors, experiences and patterns; gets you in touch with yourself; fuels a sense of purpose and passion; and escorts you to chart a new course to life. He never judges, but relentlessly encourages and empowers you. He's truly a brilliant, genuine and a humane person with an infectious enthusiasm to make you seize your inborn potential.” —Adrian “If I had to sum up my experience with Bruno in one word, it would be 'awakened.' Bruno helped me see life from a different perspective, which is what I needed, but most importantly, he showed me how to do that myself without being dependent on him.... Bruno got me to step outside of my comfort zone and do things I normally wouldn't have done otherwise, which is undoubtedly the key to growth.” —Blaine

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