Unholy Ghost Writers On Depression

Philosophy has much to offer psychiatry, not least regarding ethical issues, but also issues regarding the mind, identity, values, and volition. The Oxford Handbook of Philosophy and Psychiatry offers the most comprehensive reference resource for this area every published - one that is essential for both students and researchers in this field.

Presents an eclectic collection of Buddhist-inspired writings on a wide range of issues by such contributors as the Dalai Lama, Pema Chodron, and Thich Nhat Hanh.

Black Americans are more likely than Whites to die of cancer and heart disease, more likely to get diabetes and asthma, and less likely to get preventive care and screening. Some of this greater morbidity results from education, income level, and environment as well as access to health care. But the traditional medical model does not always allow for a more holistic approach that takes into account the body, the mind, the spirit, the family, and the community. This book offers a better understanding of the varieties of religiously-based approaches to healing and alternative models of healing and health found in Black communities in the United States. Contributors address the communal aspects of faith and health and explore the contexts in which individuals make choices about their health, the roles that institutions play in shaping these decisions, and the practices individuals engage in seeking better health or coping with the health they have. By paying attention to the role of faith, spirit, and health, this book offers a fuller sense of the varieties of ways Black health and health care are perceived and addressed from an inter-religious perspective. Community and religion-based initiatives have emerged as one key way to address the health challenges found in the African American community. In cities such as Atlanta, Baltimore, Dallas, and Oakland, residents organize exercise groups, teach one another how to cook with healthy ingredients, and encourage neighbors to get regular checkups. Churches have become key sites for health education, screening, and testing. Another set of responses to the challenge of Black health and healthcare in the United States comes from those who emphasize the body as a whole—body, mind, soul, and spirit, often drawing on religious traditions such as Islam and African-based religions such as Spiritism, Santeria, Vodun (aka Voodoo), Candomblé, and others. Understanding the issues and the various approaches is essential to combating the problems, and this unique volume sheds light on areas often overlooked when considering the issues.

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This long-awaited second edition of Manic-Depressive Illness will exhaustively review the biological and genetic literature that has dominated the field in recent years, and incorporate cutting-edge research conducted since publication of the first edition. Drs. Frederick Goodwin and Kay Redfield Jamison have updated their surveys of psychological and epidemiological evidence, as well as that pertaining to diagnostic issues, course, and outcome, and they offer practical guidelines for differential diagnosis and clinical management. This book will be a valuable addition to the libraries of psychiatrists and other physicians, psychologists, clinical social workers, neuroscientists, pharmacologists, and the patients and families who live with manic-depressive illness.

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We live in an era of depression, a condition that causes extensive suffering for individuals and families and saps our collective productivity. Yet there remains considerable confusion about how to understand depression. Depression: Integrating Science, Culture, and Humanities looks at the varied and multiple models through which depression is understood. Highlighting how depression is increasingly seen through models of biomedicine—and through biomedical catch-alls such as "broken brains" and "chemical imbalances"—psychiatrist and cultural studies scholar Bradley Lewis shows how depression is also understood through a variety of other contemporary models. Furthermore, Lewis explores the different ways that depression has been categorized, described, and experienced across history and across cultures.

Genre studies and genre approaches to literacy instruction continue to develop in many regions and from a widening variety of approaches. Genre has provided a key to understanding the varying literacy cultures of regions, disciplines, professions, and educational settings. GENRE IN A CHANGING WORLD provides a wide-ranging sampler of the remarkable variety of current work. The twenty-four chapters in this volume, reflecting the work of scholars in Europe, Australasia, and North and South America, were selected from the over 400 presentations at SIGET IV (the Fourth International Symposium on Genre Studies) held on the campus of UNISUL in Tubarão, Santa Catarina, Brazil in August 2007—the largest gathering on genre to that date. The chapters also represent a wide variety of approaches, including rhetoric, Systemic Functional Linguistics, media and critical cultural studies, sociology, phenomenology, enunciation theory, the Geneva school of educational sequences, cognitive psychology, relevance theory, sociocultural psychology, activity theory, Gestalt psychology, and schema theory. Sections are devoted to theoretical issues, studies of genres in the professions, studies of genre and media, teaching and learning genre, and writing across the curriculum. The broad selection of material in this volume displays the full range of contemporary genre studies and sets the ground for a next generation of work.

Written in clear, nontechnical language, this two-volume resource presents a complete contemporary portrait of depressive disorders, summarizing the latest scientific, medical, and societal thinking on a wide variety of depression-related topics.

With more than 184 Christian writer's groups and 155 conferences, thousands of writers are looking for encouragement and insight. Yet, every Christian who writes faces the same issue: finding daily inspiration and creativity. Designed to be both encouraging and practical, "Writers in the Spirit" guides writers from the novice stage to becoming dedicated authors, something that Carol Rottman achieved when she put aside all other "paying work" to write full time. Included in these pages are insight and practical tips on such topics as: Writing Realism: "Take yet another scroll, and write on it all the former words that were on the first scroll ..." (Jeremiah 36:27). Popular media have romanticized writers' lives to be devoted entirely to making beautiful stories. Writers in the Spirit explains the practical issues that writers face and shows how it is possible to overcome dry spells, endless revisions and even self-doubt. Writing with Fervor: Much of the Apostle Paul's writing was done in prison. Paul's passion to win people to Christ overcame any obstacle. While many new writers feel restrained, Writers in the Spirit shows how to find the passion that fuels the writing process. Writing in the Spirit: "This is what we speak, not words taught by human wisdom, but in words taught by the Spirit ..." (1 Corinthians 2:13). Rottman shows that a personal relationship with God is the best source of inspiration. Mediating on God's word will yield creativity from the Creator. "Many of us are called as witnesses to the life-experiences God has entrusted to us. If your witness takes the form of the written word, this book will go with you as a trusted companion traveling the same path." - Former President Jimmy CarterAuthor, Statesman, and Thirty-ninth President of the United States "'Writers in the Spirit' helps connect me to God while reminding me that writing is a gift from Him and a calling to be both treasured and nurtured."- Sally Stuart, Editor, Christian Writers' Market Guide

“An original, fascinating, and beautifully written reckoning . . . of that great human passion: to write.”—Kay Redfield Jamison,

national bestselling author of An Unquiet Mind Why is it that some writers struggle for months to come up with the perfect sentence or phrase while others, hunched over a keyboard deep into the night, seem unable to stop writing? In The Midnight Disease, neurologist Alice W. Flaherty explores the mysteries of literary creativity: the drive to write, what sparks it, and what extinguishes it. She draws on intriguing examples from medical case studies and from the lives of writers, from Franz Kafka to Anne Lamott, from Sylvia Plath to Stephen King. Flaherty, who herself has grappled with episodes of compulsive writing and block, also offers a compelling personal account of her own experiences with these conditions. “[Flaherty] is the real thing . . . and her writing magically transforms her own tragedies into something strange and whimsical almost, almost funny.”—The Washington Post “This is interesting, heated stuff.”—San Francisco Chronicle “Brilliant . . . [a] precious jewel of a book . . . that sparkles with some fresh insight or intriguing fact on practically every page.”—Seattle Post-Intelligencer “Flaherty mixes memoir, meditation, compendium and scholarly reportage in an odd but absorbing look at the neurological basis of writing and its pathologies . . . Writers will delight in the way information and lore are interspersed.”—Publishers Weekly

In Depression: A Public Feelings Project, Ann Cvetkovich seeks to understand why intellectuals, activists, professionals, and other privileged people struggle with feelings of hopeless and self-loathing. She focuses particularly on those in academia, where the pressure to succeed and the desire to find space for creative thinking and alternative worlds bump up against the harsh conditions of a ruthlessly competitive job market, the shrinking power of the humanities, and the corporatization of the university. In her candid memoir, Cvetkovich describes what it was like to move through the days as she finished her dissertation, started a job, and then completed a book for tenure. Turning to critical essay, she seeks to create new forms of writing and knowledge that don't necessarily follow the usual methods of cultural critique but instead come from affective experience, ordinary life, and alternative archives. Across its different sections, including the memoir, the book crafts - and it's no accident that crafting is one of its topics -- a cultural analysis that can adequately represent depression not as medical pathology but as a historical category, a felt experience, and a point of entry onto discussions not only about theory and contemporary culture but about how to live.

Dust in the Blood considers the harrowing realities of life with depression from a Christian theological perspective. In conversation with popular Christian theologies of depression that justify why this suffering exists and prescribe how people ought to relate to it, Coblentz offers another Christian approach to this condition: she reflects on depression as a wilderness experience. Weaving first-person narratives of depression, contemporary theologies of suffering, and ancient biblical tales of the wilderness, especially the story of Hagar, Coblentz argues for and contributes to an expansion of Christian ideas about what depression is, how God relates to it, and how Christians should understand and respond to depression in turn.

?It is now universally accepted that we are experiencing a profound mental health epidemic, and too often Christians have struggled to know how to respond. The need for the church to take mental health issues more seriously is urgent, and this is perhaps especially true when it comes to understanding depression. Offering a theological and biblical account of depression, this book considers how depression has been understood and interpreted by Christians and how plausible and pastorally helpful these understandings are. It offers an important and well-informed resource for those with, or preparing for, positions of pastoral responsibility within the Christian Church With a foreword by John Swinton.

Endorsements: "One of the greatest contributions of Capps's book is the way in which he weaves together a vast range of theories, interpretations, and explanations of psychopathology, without ever losing sight of the humanity of the person living with mental illness. Far too many books seek to find one, single explanation of the baffling and complex phenomenon of mental illness. Fragile Connections will expand our understanding and empower pastors and others concerned about mental illness with an eloquent exploration of one of the greatest mysteries of the human predicament." --Lewis Rambo, San Francisco Theological Union and Graduate Theological Union "Donald Capps skillfully guides his readers into the strange world of severe mental illness, a neighborhood disturbingly close to home. He first offers the lay of the land by scrutinizing particular psychiatric classifications. He then carefully treks through gripping narrative accounts of those battling schizophrenia, clinical depression, bipolar disorder, and Alzheimer's disease. Finally, with interpretive precision honed through a lifetime of attending to persons in pain, Capps risks his own stunning insights into the anguish and mystery of these lives. An exquisite and sobering journey." --Robert C. Dykstra, Princeton Theological Seminary "Fragile Connections is a most welcome resource for those of us involved in theological education. Capps's creative use of five memoirs allows persons who suffer from various mental illnesses and the family members who care for them to speak in their own voices about living with these afflictions." --Carol J. Cook, Louisville Presbyterian Theological Seminary "Doing good with stealth as usual Donald Capps has designed this biblically, historically grounded book for seminary students and ministers, who will find no other like it. The book holds out the key to understanding the experiences of those who are mentally ill and those who love them. Capps argues that the study of individuals' personal memoirs--rather than medically modeled case studies--reveals the deep and profoundly personal nature of each person's unique experience of mental illness. What is more, written as it is in Capps's inimitable style, this book fills a void in seminary curricula as it addresses a problem in methodology." --Antoinette Goodwin, pastoral psychotherapist, Princeton, New Jersey

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each coping pattern using vivid, compelling fiction whose characters express their dilemmas in easily accessible, evocative language. Sandra Buechler uses these examples to show some of the ways we complicate our lives and, through reimagining different scenarios for these characters, she illustrates how clients can achieve greater emotional health and live their lives more productively. Drawing on the work of Dostoevsky, Tolstoy, Munro, Mann, James, O'Connor, Chopin, McCullers, Carver, and the many other authors represented here, Buechler shows how their keen observational short fiction portrays self-hurtful styles of living. She explores how human beings cope using schizoid, paranoid, grandiose, hysteric, obsessive, and other defensive styles. Each is costly, in many senses, and each limits the possibility for happiness and fulfillment. Understanding and Treating Patients in Clinical Psychoanalysis offers insights into what living with and working with problematic behaviors really means through a series of examples of the major personality disorders as portrayed in literature. Through these fictitious examples, clinicians and trainees, and undergraduate and graduate students can gain a greater understanding of how someone becomes paranoid, schizoid, narcissistic, obsessive, or depressive, and how that affects them, and those around them, including the mental health professionals who work with them.

There is no shortage of literature about working with men in counseling and psychotherapy, but almost none of it addresses the unique issues that a female clinician can face with a male client. These women do not have a basis for a complete understanding of the impact our society's ideas about gender can have on a man, his masculinity, and his feelings toward talk therapy, in part because they are not men themselves. The contributors to this book, all female clinicians who have worked extensively with men, have set out to provide their female peers with a guide for therapeutically engaging and helping men. Chapters explore how each author became involved in men's issues, case studies and examples from her own practice that illustrate her approach, and her own assessment of what works best with male clients. Topics considered include core treatment issues, such as transference and counter-transference, beginning and ending therapy with men, and ethical dilemmas; working in different therapy modalities; and doing therapy with diverse populations of men. The book concludes with an edited transcript of a discussion amongst the authors about their personal experiences working with male clients. This will be an important book for all female therapists who work with male clients and are looking for ways to better understand and tailor their approaches to meet the needs of men in therapy.

Managing Your Depression will bring depression management strategies to people who do not have access to mental health programs or who want to learn new skills.

The author speaks from the heart as minister, woman, friend, professional, and person who lives with depression. This 40-day devotional offers a tool that guides the reader back to faith through personal exploration and experiences of strength, hope, love and spirit.

Depression: What Everyone Needs to Know® cuts through the confusion around this often-debilitating illness, offering a practical, reader-friendly synthesis that bridges science, treatment, and everyday life. Pithy and straightforward, this volume is the essential go-to guide both for understanding what we know about the causes of depression and the depression epidemic, and for learning what to do about it.

It is of enormous value to the layperson, hungry for knowledge about how best to interact and help their loved one face the dreadful ravages of depression."—Nursing Times

A curator and essayist surveys the inner workings of creative duos, from John Lennon and Paul McCartney to Marie and Pierre Curie to Steve Jobs and Steve Wozniak, and describes how their creative techniques can be adapted and used in everyday life. 50,000 first printing.

Showcases the latest developments in literary Darwinism, a powerful approach that integrates evolutionary social science with literary humanism.

Unholy Ghost is a unique collection of essays about depression that, in the spirit of William Styron's Darkness Visible, finds vivid expression for an elusive illness suffered by more than one in five Americans today. Unlike any other memoir of depression, however, Unholy Ghost includes many voices and depicts the most complete portrait of the illness. Lauren Slater eloquently describes her own perilous experience as a pregnant woman on antidepressant medication. Susanna Kaysen, writing for the first time about depression since Girl, Interrupted, criticizes herself and others for making too much of the illness. Larry McMurtry recounts the despair that descended after his quadruple bypass surgery. Meri Danquah describes the challenges of racism and depression. Ann Beattie sees melancholy as a consequence of her writing life. And Donald Hall lovingly remembers the "moody seesaw" of his relationship with his wife, Jane Kenyon. The collection also includes an illuminating series of companion pieces. Russell Banks's and Chase Twichell's essays represent husbandand-wife perspectives on depression; Rose Styron's contribution about her husband's struggle with melancholy is paired with an excerpt from William Styron's Darkness Visible; and the book's editor, Nell Casey, juxtaposes her own essay about seeing her sister through her depression with Maud Casey's account of this experience. These companion pieces portray the complicated bond -- a constant grasp for mutual understandingforged by depressives and their family members. With an introduction by Kay Redfield Jamison, Unholy Ghost allows the bewildering experience of depression to be adequately and beautifully rendered. The twenty-two stories that make up this book will offer solace and enlightenment to all readers.

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How the story of depression gets told in print, on screen, and online.

Revision of: Strengthening the DSM / Betty Garcia, Anne Petrovich.

In this eloquent collection of essays—from the editor of the national bestseller Unholy Ghost: Writers on Depression—contributors reveal their experiences in caring for family through illness and death Today, thirty million people look after frail family members in their own homes. This number will increase drastically over the next decade—as baby boomers tiptoe toward old age; as soldiers return home from war wounded, mentally and physically; as a growing number of Americans find themselves caught between the

needs of elderly parents and young children; as medical advances extend lives and health insurance fails to cover them. This compelling book offers both literary solace and guidance to the people who find themselves witness to—and participants in—the fading lives of their intimates. Some of the country's most accomplished writers offer frank insights and revelations about this complex relationship. Julia Glass describes the tension between giving care—to her two young sons—and needing care after being diagnosed with breast cancer; Ann Harleman explores her decision to place her husband in an institution; Sam Lipsyte alternates between dark humor and profound understanding in telling the story of his mother's battle with cancer; Ann Hood wishes she'd had more time as a caregiver, to prepare herself for the loss of her daughter; Andrew Solomon examines the humbling experience of returning as an adult to be cared for by his father; cartoonist Stan Mack offers an illustrated piece about the humor and hell of making his way through the medical bureaucracy alongside his partner, Janet; Julia Alvarez writes about the competition between her and her three sisters to be the best daughter as they tend to their ailing parents. An Uncertain Inheritance examines the caregiving relationship from every angle—children caring for parents; parents caring for children; sib-lings, spouses, and close friends, all looking after one another—to reveal the pain, intimacy, and grace that take place in this meaningful connection.

Unholy GhostWriters on DepressionWilliam Morrow

A reassessment of the life of Abraham Lincoln argues that America's sixteenth president suffered from depression and explains how Lincoln used the coping strategies he had developed to face the crises of the Civil War and personal tragedy.

Best-selling author Edward T. Welch delivers a clear picture of gospel hope in Depression: Looking Up from the Stubborn Darkness for those who struggle. In this life-changing guide, Welch shares biblical wisdom and examines how the rich treasures of the gospel apply to our everyday lives in the midst of suffering and depression. The peace, comfort, and hope of Christ are laid out in front of the reader instead of "cure-all" formulas—offering a compassionate perspective on the complex nature of depression. With biblical understanding, Welch moves past the mere symptoms of depression and shines the light of Christ on every page. Through his own personal empathy and long counseling experiences, Welch addresses one of the most common issues people face today. Depression: Looking Up from the Stubborn Darkness provides practical help for a particular kind of suffering, cultivating compassion generated by the love of Jesus. This is a must-have resource of anyone suffering with depression or walking alongside someone suffering with depression.

"We are all touched at some point by the dark emotions of grief, fear, or despair. In an age of global threat, these emotions have become widespread and overwhelming. While conventional wisdom warns us of the harmful effects of "negative" emotions, this revolutionary book offers a more hopeful view: there is a redemptive power in our worst feelings. Seasoned psychotherapist Miriam Greenspan argues that it's the avoidance and denial of the dark emotions that results in the escalating psychological disorders of our time: depression, anxiety, addiction, psychic numbing, and irrational violence. And she shows us how to trust the wisdom of the dark emotions to guide, heal, and transform our lives and our world.

As it stands, the DSM fails to address important sources of strength and resiliency that can significantly affect diagnosis and treatment. The authors of this transformative volume propose enhancements to the current diagnostic and classification system that encompass the biopsychosocial, cultural, and spiritual milieus of individuals and acknowledge the strengths originating from personal, family, and community resources. This proposed Axis VI addresses contextual and individual factors related to diversity, equity, and resiliency, thereby enabling an understanding of the whole person and offering significant resources for treatment. Within each chapter the authors demonstrate the use of strength-based multicultural diagnostic processes and application of Axis VI to specific disorders, including mood disorders, anxiety disorders, conduct disorders, oppositional/defiant disorder, dementia/Alzheimer's disease, schizophrenia and other psychoses, and substance-related and co-occurring disorders. The text also reviews relevant etiology and evidence-based research for each disorder and highlights current strength-based and culturally competent approaches to diagnosis and treatment. For the utmost clarification, case vignettes for each disorder describe diagnosis with and without the use of Axis VI. Key Features: Demonstrates the potential of a strength-based, culturally competent approach to improve mental health diagnosis and treatment Addresses current perspectives on the role of biological, genetic, and psychosocial factors in mental illness Includes current research on the course of illness and findings on co-occurring disorders, as well as risk and protective factors Identifies evidence-informed practice that builds on neurobiological and psychosocial findings Explores factors related to social justice and disempowerment issues in relation to disorders Offers current findings from equity and diversity-based research Reviews current DSM-5 discussion of specific disorders Presents case vignettes including their multiaxial diagnosis with and without Axis VI

Experiences of Depression is a philosophical exploration of what it is like to be depressed. In this important new book, Matthew Ratcliffe develops a detailed account of depression experiences by drawing on work in phenomenology, philosophy of mind, and several other disciplines. In so doing, he makes clear how phenomenological research can contribute to psychiatry, by helping us to better understand patients' experiences, as well as informing classification, diagnosis, and treatment. Throughout the book, Ratcliffe also emphasizes the relevance of depression to philosophical enquiry. He proposes that, by reflecting on how experiences of depression differ from 'healthy' forms of experience, we can refine our understanding of both. Hence phenomenological research of this kind has much wider applicability. He further shows how the study of depression experiences can inform philosophical approaches to a range of topics, including interpersonal understanding and empathy, free will, the experience of time, the nature of emotion and feeling, what it is to believe something, and what it is to hope. This book will be of interest to anyone seeking to understand and relate to experiences of depression, including philosophers, psychiatrists, clinical psychologists, therapists, and those who have been directly or indirectly affected by depression.

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