

## The Hidden Dangers Of The Rainbow The New Age Movement And Our Coming Age Of Barbarism

Travel with me, if you will, on this incredible journey spanning millions of years from when Pangea begin its development towards becoming a single, supercontinent to its break up to form what we know as today's seven continents, each rich in treasure. Detect, if you can, the unique secrets left behind in Pangea's wake that will lead us to hidden treasures and hidden dangers. Do not delay your journey, for others are trying to discover the still hidden treasures and hidden dangers. Will you be next to find unimaginable wealth? Will you be able to detect the hidden dangers?

In this fast guide you'll be taken by the hand through a summary and analysis of Executive Summary of the Plant Paradox Book, The Key Takeaways from each chapter and, Brief chapter-by-chapter summaries.

IMPORTANT NOTE: This is a book summary of The Plant Paradox by Dr. Stephen R. Gundry and not the original book. Would you like to look and feel great everyday? Would you like to possess the knowledge to feed yourself optimally to ensure a longer life? In the book "The Plant Paradox: The Hidden Dangers In 'Healthy Foods' That Cause Disease And Weight Gain", Dr. Steven Gundry warns us of the potential dangers of so called health foods and how best we can best use them to help the human body, not hinder. He further explores the true cause of weight issues, and how to effectively overcome them. If you have been following the traditional way of eating and exercising with no results, this is the book for you. It takes the average person 55 minutes to read 8000 words. For the price of a coffee and a time investment of roughly 4% of your day, I believe the wisdom in this book to be well worth it's value. This book allows you to skip to the nuggets of wisdom and actionable content in a very easily absorbed, readable way including key takeaways at the end of each chapter. This book summarizes the original in detail, to help people effectively understand, articulate and imbibe the original work by Gundry. This book is not meant to replace the original book but to serve as a companion to it. This book contains a wealth of knowledge at a fair price with no risks. If you believe that this summary is not beneficial towards your life, get a full refund within 7 days! Amplify your knowledge in a simple, efficient manner. Take action, get your copy today!

There is only one certainty in life and that is Death! The world is a scary place and dangers lurk around every corner. This book contains hilarious and sometimes downright scary facts and information of all the hidden ways you can be injured and your life could end. Did you know, only five people per year die by shark attacks but 22 people by cows and even 2,900 by hippos? Every year 6 people die from trouser related injuries You have a 1 in 3 chance of getting cancer.

Through the power of persuasive advertising and clever marketing, we've been sold on the idea that stevia is a natural herbal sweetener that is not only harmless but even health-promoting. As such, it is promoted as a better choice over sugar or other low-calorie sweeteners. Stevia has rapidly become a multimillion-dollar industry. Despite all of the marketing hype, stevia is not the innocent little herb it is made out to be—and it is not harmless. The stevia sweetener you purchase at the store is a highly refined, purified chemical that is little different from any other artificial sweetener, with many of the same drawbacks and dangers. The author's observation of troubling adverse reactions associated with stevia led him on an investigation that uncovered disturbing facts hidden from the public, including studies that contradict the sweetener's safety and assumed benefits. In this book, you will learn why you should never use stevia if you want to lose excess weight or control diabetes. You will also learn why all low-calorie sweeteners are potentially dangerous, and what options you have available. The information in this book comes directly from published studies, historical facts, and the author's personal experiences. In this book you will learn that stevia is not an herb but a highly refined chemical acts like an artificial sweetener is addictive can cause digestive distress alters the gut microbiome is a gut excitotoxin promotes obesity, diabetes, and metabolic syndrome can cause allergic reactions

How governments, telecom and electric power utilities suppress the truth about the known hazards of electro-magnetic field (EMF) radiation. Lurking beneath its beauty, the Great Barrier Reef is home some of the most dangerous animals on the planet.

A leading childhood nutrition researcher and an experienced public health educator explain the hidden danger sugar poses to a child's development and health and offer parents an essential 7- and 28-day "sugarproof" program. Most of us know that sugar can wreak havoc on adult bodies, but few realize how uniquely harmful it is to the growing livers, hearts, and brains of children. And the damage can begin early in life. In his research on the effects of sugar on kids' present and future health, USC Professor of Pediatrics and Program Director for Diabetes and Obesity at Children's Hospital Los Angeles Michael Goran has found that too much sugar doesn't just cause childhood obesity, it can cause health issues in kids who are not overweight too, including fatty liver disease, prediabetes, and elevated risk for eventual heart disease. And, it is a likely culprit in the behavioral, emotional, and learning problems that many children struggle with every day. In a groundbreaking study, Goran's team conducted a detailed analysis of the sugary products that kids love and found that these yogurts, cereals, sodas, and juices often had more sugar than advertised and also contained different types of sugar than were being disclosed.

Today's children are not just consuming more sugar than ever, but they are consuming sugars that are particularly harmful to them--and their parents don't even know it. The news is dire, but there is also plenty of hope. We can prevent, address, and even in many cases reverse the effects of too much sugar. In this guide to "Sugarproof" kids, Dr. Goran and co-author Dr. Emily Ventura, an expert in nutrition education and recipe development, bust myths about the various types of sugars and sweeteners, help families identify sneaky sources of sugar in their diets, and suggest realistic, family-based solutions to reduce sugar consumption and therefore protect kids. Their unique "Sugarproof" approach teaches parents to raise informed and empowered kids who can set their own healthy limits without feeling restricted. With a 7- and 28-day challenge to help families right-size sugar in their diets, along with more than 35 recipes all without added sugars, everyone can give their children a healthy new start to life.

The Plant Paradox: The Hidden Dangers In 'Healthy Foods' That Cause Disease And Weight Gain - Workbook What if I tell you in the next few pages of this book that all the things you once believed about your diet, your weight and your health are wrong? In the book "The Plant Paradox: The Hidden Dangers In 'Healthy Foods' That Cause Disease and Weight Gain", Dr. Steven Gundry sets out to demystify long-held myths about plant-based foods. These foods, believed for the most part, to be healthy, have been responsible for hurting the human body for so long. This workbook will help you put in practical all you've learnt in the Book to help you Achieve your Ultimate Health Goals!!

Stop wasting Your Health with Mattress Covers. The Hidden Dangers that Cause Disease. And the simple way Prevent and Reverse Disease. What's Inside: How does Mattress Toppers and Mattress Covers affect Your health? The Hidden Dangers in Mattress Covers? Mattress Covers is wasting Your Health? How to Prevent and Reverse Disease? How to Reclaim your Health and Energy? The simple and friendly way to get the Healthy Lifestyle? The Easy way to block "Bad Chemistry"? Tips and precautionary measures? Easy natural method to protect your family How long are you going to wasting your Health? Protect yourself Once and for all right now. Scroll up to get your copy Pulls together all the latest research & details the full scope of caffeine's detrimental effect on our physical, mental & emotional well being.

Iron is one of the most frequently purchased over-the-counter supplements, second only to vitamin C and calcium. The danger is that, once absorbed, iron can only be excreted in minute amounts of less than one milligram a day (or by heavy blood loss), and excess iron collects in a person's vital organs, thus, setting the disease process under way. As organs literally rust away, patients can experience early death by heart attack, arthritis, liver, pancreatic and colon cancer,

increased infections, cirrhosis, diabetes, neurological problems, loss of hearing, tinnitus, depression, impotence, and infertility. Scientists have now discovered a connection to iron impropriety and Alzheimer's, early onset Parkinson's, Huntington's, attention deficit disorder, and epilepsy. Exposing the Hidden Dangers of Iron is an excellent introduction for medical professionals to the intricacies of iron in the various body systems. Containing a practical guide to diagnosis, it also includes such subjects as the treatment and management of iron-loading conditions, excellent reference charts, a large glossary of terms, additional resources, contact and treatment centers, and a complete bibliography. Cutting edge scientific findings are summarized, complete with endnotes and references, about the devastation of excess iron on the liver, pancreas, gallbladder, spleen, adrenals, kidneys, bone marrow, arteries, heart, pituitary, joints, lungs, hearing, skin, vision, and the brain.

Reflects years of in-depth and extensive research. The author clearly demonstrates the movement's supreme purpose: to subvert our Judeo-Christian foundation and create a one-world order through a complex network of occult organizations. Save your teens from the hidden dangers of an overexposure to social networks! What seems as just a platform for socializing, this habit can slowly rob your teen of their emotional wellbeing. From unhealthy relationships, obsessions, competition, online bullying, attention seeking and a loss of childhood the dangers of an overexposure to social networking is real. This is your warning guide to what is slowly destroying your emotional well-being, physical health and real social interactions within your children. Stop the madness!

Think back to a world before computers, social networking and online chatting. A world where life was simple and quite frankly...we were happier. Social networking is like a thief in the night as we innocently sign on...it robs us of our happiness. As we peer into the lives of others, we become unsatisfied with our own lives. There is an increase in self-esteem issues, relationships are destroyed and narcissistic behavior becomes the norm. Do you or someone you know have an overexposure to social networking? This is your warning guide to what is slowly destroying your emotional well-being, physical health and real social interactions. Stop the madness!

Chinese edition of The World is Curved, a hard look at the world's past and current perils and potential remedies - a book highly recommended for anyone looking to the future of global economy and politics. Distributed by Tsai Fong Books, Inc.

Use the Internet. Know its dangers. Internet use is catching on faster than any form of technology ever invented. Its potential for human benefit is beyond measure. But it is not without problems: • Marriages break up over emotional relationships forged in chat rooms. • College students risk grades and health to spend time online. • Child abusers lure kids by contact through the internet. • Adults spend fortunes to subscribe to internet pornography. These people have crossed the boundary between healthy use and obsessive preoccupation with this versatile electronic medium. An avid net-surfer himself, therapist Gregory Jantz has seen an increasing number of clients coming to his counseling centers for help with internet abuse. Jantz writes for two audiences: those who are worried about a loved one's use of the net, and internet users who may have a problem. He offers both groups concrete and biblical steps for working towards change.

Two videos in one: includes an interview with Jeffrey M. Smith, footage of scientists, and a look at the miraculous improvement in student behavior that accompanied a change in diet at a Wisconsin school. Also included is a lecture by Smith on "The Health Dangers of Genetically Engineered Foods and Their Cover-Up."

Reveals how this natural amphetamine wreaks havoc upon the body by increasing the risk of certain kinds of cancer, PMS, heart disease, and ulcers, and includes strategies for reducing caffeine intake and increasing energy.

This book was written for parents to use as a tool when they are teaching their kids about the birds and the bees. It is imperative that we as parents not only teach our kids about sex but we need to teach them to be aware of the hidden dangers of sex. In the pages of this book parents and teens will not only discover but become aware that casual sex is not something to engage in. This book allows whomever reads it to understand what the purpose of sex and what it was meant for. I believe that if parents will take the time and study this book with their children and answer any questions they may have it will be all that is needed to assist them in and start the conversation about sex. I think that its better for the parent to have this conversation with their children rather than hearing it from a friend or the television, at a sleepover at a friends house, social media or Youtube on their cell phones.. I also think that girls need to start early before their menstrual cycles at age 12 to learn about the hidden dangers. I think that this topic needs to be taught over and over until when asked a question they will respond accurately from knowledge.

Tips and ideas on when not to use the cell phone to text.

"This book was written with today's busy parents in mind who do not have time for intense computer training. If you can turn a computer on and have used the Internet before, then you should find this an easy reading book packed with useful information."--Cover p.4.

1962 There exists confusion among Public Health officers, medical doctors and contradictions in the press as to the merits of the Salk vaccine. This book may help clarify the question for the layman. Public officials remain divided upon the subject as.

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