

## Geriatric Medicine Guidelines

The fourth edition of the highly acclaimed Principles and Practice of Geriatric Medicine provides an account of the fundamental changes associated with ageing, which are essential to our understanding and management of the elderly sick population. The title has been extensively revised and updates to reflect the enormous changes in treatment options and medical conditions emerged since publication of the third edition. Written by worldwide experts of international repute, this is the most up-to-date and comprehensive single reference source currently available. Principles & Practice of Geriatric Medicine, Fourth Edition incorporates: More than 30 new chapters, including: Preventive geriatrics, Anorexia of Aging, Managements of Weight Loss, Dehydration, Vitamins and Minerals in the Elderly, Cancer and Aging, Mild Cognitive Impairment, Treatment of Behavioral Disorders, The Older Patient with Down's Syndrome, Drug Abuse in Older People, Breast Cancer, Women's health A truly global perspective, including new chapter on: Care of the elderly in Israel: old age in a young land, Geriatric Medicine in China, Geriatric medicine education in Europe, Geriatrics from the European Union Perspective, India, Day Hospitals, Perspectives from Latin America The title will be indispensable for all those involved in the treatment of older patients: Gerontologists to keep up-to-date with the latest developments in the field General practitioners and specialists in health policy and community care, who increasingly have to deal with a significant number of older people. Academic

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researchers in geriatric medicine, who are in need for an all encompassing reference work Medical registrars (UK) / residents (US) in order to pass their exams Teachers of Geriatric Medicine Hospital libraries with increasing budgets to spend on much needed resource in this growing field. Professionals within the pharmaceutical industry in order to monitor treatment options and new prescription developments.

A practical and evidence-based guide for student, pre-registration and qualified pharmacists Symptoms in the Pharmacy is an indispensable guide to the management of common symptoms seen in the pharmacy. With advice from an author team that includes both pharmacists and GPs, the book covers ailments which will be encountered in the pharmacy on a daily basis. Now in its sixth edition Symptoms in the Pharmacy has been fully revised to reflect the latest evidence and availability of new medicines. There are new sections and case studies for 'POM' to 'P' switches including chloramphenicol, sumatriptan, diclofenac, naproxen and amorolfine. This edition features colour photographs of skin conditions for the first time enabling the differentiation and diagnosis of common complaints. The public health and illness prevention content have been expanded to support this increasingly important aspect of the pharmacist's work. The book is designed for quick and easy reference with separate chapters for each ailment. Each chapter incorporates a decision making framework in which the information necessary for treatment and suggestions on 'when to refer' is distilled into helpful summary boxes. At the end of each chapter

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there are example case studies providing the view of pharmacists, doctors and patients for most conditions covered. These easy-to-follow chapters can be read cover to cover or turned to for quick reference. This useful guide should be kept close at hand for frequent consultation.

This book aims to be a single point of reference for advances in the care of geriatric populations across medical and surgical specialties. The aging population is a unique demographic with its own health challenges. Geriatricians are specifically trained to address these challenges but few medical students or residents enter geriatrics, even as the demand for geriatric expertise increases. The practices of many medical and surgical specialists are dominated by older patients who may themselves see many specialists but rarely visit geriatricians. This updated edition elucidates the most common medical conditions seen in aging patients and translates approaches to those conditions for physicians across specialties. Divided into three sections that assemble crosscutting issues, medical specialties, and surgical and related specialties, this book serves as a guide for clinicians of all backgrounds who will work with older patients as the demographic ages further. This second edition of *Geriatrics for Specialists* expands the number of specialist chapters to reflect growth in research in aging and clinical care for older people in dermatology, plastic surgery, and behavioral neurology. All original chapters from the first edition are extensively revised and updated to reflect the rapid growth of new knowledge in the field.

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In an ageing population, geriatric medicine has become central to general practice, and to emergency and general internal medicine in the hospital setting.

Diseases are more common in the older person, and can be particularly difficult to assess and to treat effectively in a field that has limited evidence, yet makes up a substantial proportion of the work of most clinicians. Fully updated, this second edition of the Oxford Handbook of Geriatric Medicine includes all the information required to deliver effective geriatric care. Guidance is given on a range of key treatment areas, indicating where practice differs from that of younger adults or is ill informed by evidence, where dangers lurk for the inexperienced clinician, and on the many ethical and clinical dilemmas common in geriatric practice. This accessible handbook is essential reading for all junior doctors and specialist trainees in geriatric medicine and general internal medicine, and for all medical and nursing staff who manage older people.

This issue of Clinics in Geriatric Medicine, Guest Edited by Drs. Danelle Cayea and Samuel C. Durso, is devoted to Screening and Prevention in Geriatric Medicine.

Articles in this issue include: The Medicare Annual Wellness Visit; Individualized Cancer Screening; Frailty; Medication Appropriateness; Geriatric Syndromes; Mental Health; Cardiovascular Screening; Preoperative Screening; Safety; Substance Use Disorders; Sexuality; Vaccines; and Exercise.

Issues in Geriatric Medicine and Aging Research: 2011 Edition is a ScholarlyEditions™ eBook that delivers timely, authoritative, and comprehensive information

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about Geriatric Medicine and Aging Research. The editors have built Issues in Geriatric Medicine and Aging Research: 2011 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Geriatric Medicine and Aging Research in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Issues in Geriatric Medicine and Aging Research: 2011 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

Delivers expert guidance for the common conditions seen in adult–gerontology acute care practice The first book of its kind, this evidence-based resource provides nurse practitioners, physician assistants, and other advanced practice providers with the clinical knowledge they need to effectively practice adult-gerontology acute care. In quick-reference format, this system-based text describes more than 90 common conditions health providers are likely to see in their acute care practice. In this interprofessionally contributed text, nurse practitioner, physician assistant, and physician authors provide expert insight into each condition, enabling readers to categorize symptoms, be alert to the

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distinguishing features of disease symptoms and clusters, and find associated diagnoses. Comprehensive descriptions of conditions encompass definitions, incidence, pathophysiology, common signs and symptoms, vital subjective and pertinent physical exam data, differential diagnoses, diagnostic tests, and evaluation and management plans. This handy, accessible text also includes perioperative considerations, discharge guidelines, treatment and disease management algorithms, and procedural guidelines. Key Features: Presents key points for more than 90 acute care conditions in quick-reference format Includes considerations for such topics as preoperative, intraoperative, and postoperative evaluation and management Offers discharge guidelines for inpatient conditions Disseminates over 20 procedural guidelines, such as central and arterial line insertion, bronchoscopy, ECMO, endotracheal intubation, and more

This book discusses all important aspects of emergency medicine in older people, identifying the particular care needs of this population, which all too often remain unmet. The up-to-date and in-depth coverage will assist emergency physicians in identifying patients at risk for adverse outcomes, in conducting appropriate assessment, and in providing timely and adequate care. Particular attention is paid to the common pitfalls in emergency management and means of avoiding them. Between 1980 and 2013, the number of older patients in emergency departments worldwide doubled. Compared with younger patients, older people suffer from more comorbidities, a higher mortality rate, require more

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complex assessment and diagnostic testing, and tend to stay longer in the emergency department. This book, written by internationally recognized experts in emergency medicine and geriatrics, not only presents the state of the art in the care of this population but also underlines the increasing need for adequate training and development in the field.

Now in its second edition, *Geriatric Pharmacology: The Principles of Practice & Clinical Recommendations* is the optimal guide for anyone seeking straightforward, concise and user-friendly information on medication dynamics for older adults. Fully revised and updated, this invaluable resource has become the go-to favorite for healthcare professionals. Here's what you'll find: Learn to manage medication combinations without causing harm How to safely prescribe opioids Avoiding the top 10 most dangerous geriatric drugs Practical guidelines to stop and start prescriptions Drug-drug interaction charts and strategies

Over the past two decades there has been a marked change in global age demographics, with the number of over-60s increasing by 82% and the number of centenarians by 715%. This new-found longevity is testament to the success of recent advances in medicine, but poses significant challenges to multiple areas of health care concerning older patients. Building upon its predecessor's reputation as the definitive resource on the subject, this new edition of the *Oxford Textbook of Geriatric Medicine* offers a comprehensive and multinational examination of the field. Fully revised to reflect the current state of geriatric medicine, it examines the medical and scientific basis of clinical issues, as well as the ethical, legal, and socio-economic concerns for healthcare policy and systems. Over 170 chapters are broken up into 16 key sections, covering topics ranging from policy and key

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concepts through to infection, cancer, palliative medicine, and healthy ageing. New material includes focus on the evolving concepts of malnutrition, sarcopenia, frailty, and related geriatric syndromes and integration of geriatric principles from public health, primary and specialized care, and transitional stages from home to emergency, medicine and surgery, rehabilitation, and long term care. The Oxford Textbook of Geriatric Medicine brings together specialists from across the globe to provide every physician involved in the care of older patients with a comprehensive resource on all the clinical problems they are likely to encounter, as well as on related psychological, philosophical, and social issues.

This book is designed to explain the aging process and help the healthcare professional reduce the chance of a drug-disease interaction or adverse drug event. By evaluating high-risk medications, minimizing polypharmacy and following essential guidelines in geriatric medicine - safety and efficacy can be achieved.

This book provides an evidence-based guide for both trainees and consultants in geriatric medicine and those interested in geriatric medicine. Designed in line with the core Royal College curriculum, it provides a comprehensive and relevant guide to the issues seen in everyday geriatric medicine practice across the world.

This issue of Clinics in Geriatric Medicine, Guest Edited by Dr. M. Carrington Reid, is devoted to Geriatric Pain Management. Articles in this timely issue include: Overview of Pain Management in the Older Adult; Assessment Approaches in Geriatric Pain Management; Pharmacotherapies in Geriatric Pain Management; Psychological Approaches in Geriatric Pain Management; Exercise and Movement-based Therapies in Geriatric Pain Management; Non-surgical Interventional Approaches in Geriatric Pain Management; Interdisciplinary Approach to

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Managing Pain in Geriatric Patients; Role of Opioid Medications in Geriatric Pain Management; Pain Beliefs and Attitudes in Geriatric Patients; Role of Emerging Technologies in Geriatric Pain Management; Impact of Pain on Family Members and Caregivers of Geriatric Patients; and Pain in the Geriatric Patient with Advanced Chronic Disease.

Praise for the First Edition: "Because of the way it is organized, this book meets the needs of both novice and experienced advance practice nurses. Each chapter defines the problem, how often it occurs, and what leads to the problem. To aid in assessment, the book includes the physical examination landmarks as well as diagnostic tests that might be needed. A plan of care is offered with several different alternatives for treatment and then notes what type of follow-up is needed. This would be a great resource for anyone working in the field of geriatrics...Score: 92 - 4 Stars!

--Doody's Reviews The first book to encompass adult-gerontology practice guidelines for primary care, this comprehensive resource is useful as both a clinical reference and as a text for health care practitioners working with this population. Concise and up-to-date, the book is distinguished by its easy-to-read outline format that enables readers to quickly access the information they need. The second edition features 27 completely new entries associated with the aging population, an entirely new section on geriatric syndromes, and multiple updates to guideline changes for screenings. Polypharmacy issues are incorporated throughout and the BEERS list of medications is highlighted to guide prescribers in safely tapering or adding medications to a patient's drug regimen. For quick and easy access to information, practice guidelines are organized primarily by body system, disorders are listed alphabetically within each body system, and all disorders are presented in a consistent format. With an emphasis on history taking, the physical exam, and key

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features of the aging population, each of the more than 240 disorder guidelines include definition, incidence, pathogenesis, predisposing factors, common complaints, other signs and symptoms, subjective data, physical exam, diagnostic tests, differential diagnoses, plan of care, health promotion, follow-up guidelines, and tips for consultation/referral. Particularly helpful features include "Practice Pointers" highlighting crucial information for a disorder and bold-faced "Alerts." Key patient teaching points are presented at the end of each guideline. Also included are 18 procedures commonly used within office or clinic settings and 140 Patient Teaching Guides that are available digitally. New to the Second Edition: 27 completely new entries New section on geriatric syndromes Polypharmacy alerts are incorporated throughout BEERS list of medications is highlighted for each disorder Updated guidelines for various screenings Medicare Coverage and Eligibility Screening U.S. Preventative Services Task Force recommendations on colonoscopy, screening mammogram guidelines, pap smears and pelvic examinations Deprescribing Algorithms ASCCP Algorithms Key Features: Focuses specifically on adult and older adult populations Presented in easy-to-read outline format for quick access to information Delivers consistent presentation of more than 240 disorders by body system Reviews 17 commonly used procedures step by step Provides "Practice Pointers" to indicate important care points Offers digital access to more than 140 extensive Patient Teaching Guides to customize and print

Written by international experts, this book presents chapters that cover common geriatric conditions including dementia, depression, delirium, falls, polypharmacy, incontinence, immobility, and medication-related issues, as well as neurological, cardiovascular, and endocrine diseases associated with old age. The book also discusses various

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aspects of ambulatory, residential, and palliative care for the elderly, in addition to ethical aspects of old age care, advance care planning and living wills. Geriatric medicine is a rapidly growing field in internal medicine. The majority of elderly people now live in developing countries, where there is an urgent need to up-skill healthcare professionals. By presenting problems as they arise and then discussing how to solve them, this book offers a valuable resource for all physicians interested in the care of older people.

Geriatric medicine is one of the youngest medical specialities in Australia but is also one of the fastest growing. Geriatric medicine offers a more holistic approach to patient care than organ-based internal-medicine sub-specialities. Patient-centred interventions aim to allow the patient to function optimally. This textbook has been designed to inspire and inform students of geriatric medicine about the science and art of aged care. The book is structured to follow how geriatric-medicine clinicians approach patients who present with geriatric syndromes and must be assisted by systems of care. In an introductory part, overviews are provided of the biology of ageing, comprehensive geriatric assessment (the cornerstone of geriatric-medicine practice), multidisciplinary teamwork, and community services for older people in Australia. In the second part of the book, over 13 chapters, detailed coverage is provided of the geriatric syndromes, the so-called 'geriatric giants', immobility, incontinence, instability, and impaired intellect. In the third part of the book, over 10 chapters, 'Care in context' - care of older people in general practice and in residential aged care facilities, rehabilitation, acute and post-acute care, end-of-life issues, legal aspects of geriatric medicine, for example – is the focus; geriatric medicine is placed within the Australian health-care system. Individual chapters are written by specialist contributors. Case studies illustrate key points about

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assessment and management. Inclusion of three poems, by H W Longfellow, W B Yeats, and Dylan Thomas, will enable readers to 'feel the heart within geriatric medicine'.

Australasian medical students, junior hospital doctors working in geriatric medicine, and other members of aged-care teams (specialist nurses, physiotherapists, occupational therapists, social workers, etc.), will find in this book a succinct, readable, and authoritative introduction to the principles and practice of geriatric medicine.

Accompanying CD-ROM contains video learning modules on gait and balance and dizziness, a dermatology quiz, and downloadable cognitive assessment tools, to hone clinical skills. File formats include QuickTime movies, PDFs, and HTML documents.

As the first of the nation's 78 million baby boomers begin reaching age 65 in 2011, they will face a health care workforce that is too small and woefully unprepared to meet their specific health needs. Retooling for an Aging America calls for bold initiatives starting immediately to train all health care providers in the basics of geriatric care and to prepare family members and other informal caregivers, who currently receive little or no training in how to tend to their aging loved ones. The book also recommends that Medicare, Medicaid, and other health plans pay higher rates to boost recruitment and retention of geriatric specialists and care aides.

Educators and health professional groups can use Retooling for an Aging America to institute or increase formal education and training in geriatrics. Consumer groups can use the book to advocate for improving the care for older adults. Health care professional and occupational groups can use it to improve the quality of health care jobs.

Demographic trends confirm what clinicians already know - they are spending increasing amounts of time dealing with older people. This new ABC provides an introduction to the

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new and increasing challenges of treating older patients in a variety of settings. ABC of Geriatric Medicine provides an overview of geriatric medicine in practice. Chapters are written by experts, and are based on the specialty geriatric medicine curriculum in the UK. ABC of Geriatric Medicine is a highly illustrated, informative, and practical source of knowledge, with links to further information and resources. It is an essential guide where management of the ageing population is a major health issue - for hospital and family doctors, students, nurses and other members of the multi-disciplinary team.

This new edition of one of the premier references for geriatric nurses in hospital, long-term, and community settings delivers current guidelines, real-life case studies, and evidence-based protocols developed by master educators and practitioners. With a focus on improving quality of care, cost-effectiveness, and outcome, the fifth edition is updated to provide the most current information about care of common clinical conditions and issues in older patients. Several new expert contributors present current guidelines about hip fractures, frailty, perioperative and postoperative care, palliative care, and senior-friendly emergency departments. Additionally, chapters have been reorganized to enhance logical flow of content and easy information retrieval. Protocols, systematically tested by more than 300 participating NICHE (Nurses Improving Care for Health system Elders) hospitals, are organized in a consistent format and include an overview, evidence-based assessment and intervention strategies, and an illustrative case study with discussion. Additionally, protocols are embedded within chapter text, providing the context and detailed evidence for each. Chapter objectives, annotated references, and evidence ratings for each protocol are provided along with resources for additional study. New to the Fifth Edition: Reorganized to enhance logical flow of

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information and ease of use Updated and revised Includes new contributions from expert educators and practitioners Provides new chapters on perioperative and postoperative care, general surgical care, care of hip fracture, palliative care, and the senior-friendly emergency department Key Features: Includes PowerPoints and a test bank for instructors Delivers evidence-based, current guidelines and protocols for care of common clinical conditions in the older person Illustrates the application of clinical protocols to real-life practice through case studies and discussion Edited by nationally known geriatric leaders who are endorsed by the Hartford Institute for Geriatric Nursing and NICHE Written for nursing students, nurse leaders, and practitioners at all levels, including those in specialty roles

This volume collects the foundation papers in the discipline of Geriatric medicine. The book begins with a chapter on those papers that established the field. It then goes on to provide a long overdue review of the important "classic" papers in geriatric medicine and includes information on the development of health systems which support the care of older patients. Each chapter begins with a commentary by a faculty member with special interest or expertise in that area. Popular with generations of practitioners, Brocklehurst's Textbook of Geriatric Medicine and Gerontology has been the definitive reference of choice in the field of geriatric care. The new 7th Edition, by Howard M. Fillit, MD, Kenneth Rockwood, MD, and Kenneth Woodhouse, carries on this tradition with an increased clinical focus and updated coverage to help you meet the unique challenges posed by this growing patient population. Consistent discussions of clinical manifestations, diagnosis, prevention, treatment, and more make reference quick and easy, while over 255 illustrations compliment the text to help you find what you need on a given condition. Examples of the latest imaging studies depict the effects of

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aging on the brain, and new algorithms further streamline decision making. Emphasizes the clinical relevance of the latest scientific findings to help you easily apply the material to everyday practice. Features consistent discussions of clinical manifestations, diagnosis, prevention, treatment, and more that make reference quick and easy. Includes over 255 illustrations—including algorithms, photographs, and tables—that compliment the text to help you find what you need on a given condition. Provides summary boxes at the end of each chapter that highlight important points. Features the work of an expert author team, now led by Dr. Howard M. Fillit who provides an American perspective to complement the book's traditional wealth of British expertise. Includes an expanded use of algorithms to streamline decision making. Presents more color images in the section on aging skin, offering a real-life perspective of conditions for enhanced diagnostic accuracy. Includes examples of the latest imaging studies to help you detect and classify changes to the brain during aging. Offers Grade A evidence-based references keyed to the relevant text.

This volume is divided into five parts and fifteen chapters that address these topics by examining ethnogeriatric foundations, research issues, clinical care in ethnogeriatrics, education and policy. Expertly written chapters, by practicing geriatricians, gerontologists, clinician researchers and clinician educators, present a systematic approach to recognizing, analyzing and addressing the challenges of meeting the healthcare needs of a diverse population and authors discuss ways in which to engage the community by increasing research participation and by investigating the most prevalent diseases found in ethnic minorities. Ethnogeriatrics discusses issues related to working with culturally diverse elders that tend not to be addressed in typical training curricula and is essential reading for

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geriatricians, hospitalists, advance practice nurses, social workers and others who are part of a multidisciplinary team that provides high quality care to older patients.

This book serves as a comprehensive reference for the basic principles of caring for older adults, directly corresponding to the key competencies for medical student and residents.

These competencies are covered in 10 sections, each with chapters that target the skills and knowledge necessary for achieving competency. Each of the 45 chapters follow a consistent format for ease of use, beginning with an introduction to the associated competency and concluding with the most salient points for mastery. Chapters also includes brief cases to provide context to the clinical reasoning behind the competency, strengthening the core understanding necessary to physicians of the future. Written by expert educators and clinicians in geriatric medicine, Geriatric Practice is key resource for students in geriatric medicine, family and internal medicine, specialties, hospice and nursing home training, and all clinicians studying to work with aging patients.

This issue of Clinics in Geriatric Medicine, guest edited by Mary Ann Zagaria, PharmD, is devoted to Polypharmacy. Articles in this outstanding issue include: Centers for Medicare and Medicaid Services Support for Medication Therapy Management (Enhanced Medication Therapy Management): Testing Strategies for Improving Medication Use Among Beneficiaries Enrolled in Medicare Part D; The Role of Patient Preferences in Deprescribing; Polypharmacy Reduction Strategies: Tips on Incorporating American Geriatrics Society Beers and Screening Tool of Older People's Prescriptions Criteria; Polypharmacy and Delirium in Critically Ill Older Adults:

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Recognition and Prevention; Geriatric Polypharmacy: Pharmacist as Key Facilitator in Assessing for Falls Risk; Medication Reconciliation in Long-Term Care and Assisted Living Facilities: Opportunity for Pharmacists to Minimize Risks Associated with Transitions of Care; Can Managed Care Manage Polypharmacy?; Medication Risk Mitigation: Coordinating and Collaborating with Health Care Systems, Universities, and Researchers to Facilitate the Design and Execution of Practice-Based Research; and Geriatric Polypharmacy: Two Physicians' Personal Perspectives.

Since the publication of the third edition of Geriatric Medicine, extraordinary advances have occurred in the science of aging and the potential for biomedical research to give us answers to many, if not most, of the age-related disorders that threaten the quality of life in older years. At the most basic level, the successful mapping of the human genome was declared complete in the fall of 2000. Understanding the map of the human genome is as important as understanding the map of genomes of important laboratory species, ranging from the microscopic worms and fruit flies used in most classic genetic studies to rodents such as laboratory mice, and eventually to primates, on which much of the research on the aging human brain is done. The genetic maps of all of these species, including our own, does not answer clinical questions, but it does open the door to dramatic, rapid, and efficient answers to questions about the genetic polymorphisms related to diseases in humans. The telomerase story also unfolded since the third edition. Telomerase is an enzyme responsible for

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maintaining the telomeres—the redundant DNA portions at the end of chromosomes—whose shortening seems to be linked directly to cell senescence,ap- tosis,and the control over cell death,which,at the level of the individual cell,seems to be linked to the decline of organ function and eventually aging and death within the org- ism.

Value driven healthcare is the lasting legacy of the Affordable Care Act, which had three goals: to improve access to healthcare by increasing healthcare insurance coverage, to improve the patient’s experience and quality of care, and to slow the rate of increase in healthcare costs. Regardless of changes to the financing of healthcare or changes in policy, value-based purchasing for healthcare is to remain a constant feature of the healthcare horizon. Value-based purchasing is a demand side strategy to reward quality in health care delivery. Value-based purchasing involves cost considerations and includes the actions of employers, the public sector, health plans, and individual consumers in making healthcare decisions. Effective health care services and high performing health care providers are incentivized to provide quality outcomes and to control cost. Value-based purchasing drives quality metrics which are publicly reported and serve as important levers for changes in healthcare delivery. Geriatric patients consume a disproportionate share of healthcare resources, so CMS directs Medicare and drives geriatric healthcare models. All other insurers generally model CMS/Medicare guidelines. Innovative geriatric care models which demonstrate improved outcomes and cost moderation are scaled and lessons learned used to

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create new healthcare models. The best data for broader value driven healthcare comes from the geriatric models, which currently have the best data available. This book traces the origins of value-based purchasing and current geriatric care models and synthesizes their implications for today's changing health system. It also discusses healthcare accountability and risk sharing. The audience includes geriatric healthcare professionals, but also a wider audience interested in broader healthcare models and value driven healthcare from a policy, economic, and ethical perspective. These include primary care physicians, specialists who work with aging patients, hospital administrators, healthcare educators, healthcare organizations, and all medical professionals working with aging patients and patients affected by healthcare reform.

This title is directed primarily towards health care professionals outside of the United States. It is aimed at the entire training requirements of Specialist Registrars. It covers both the practice of medicine for the elderly and also generic skills required by all doctors at this stage in their training. The emphasis is on practical advice (backed up by evidence where available) on the common problems of the elderly. Chapters end with references, further reading and self-assessment material.

Incorporates implications of the National Service Framework for Older People. Chapter on ethics much changed due to: new GMC Guidelines on consent, confidentiality and withholding treatment; new BMA/RCN Guidelines on "do not resuscitate" decisions. New guidelines on stroke, hypertension and osteoporosis

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incorporated. Major update to bibliography.

This new edition of the comprehensive and renowned textbook *Principles and Practice of Geriatric Medicine* offers a fully revised and updated review of geriatric medicine. It covers the full spectrum of the subject, features 41 new chapters, and provides up-to-date, evidence-based, and practical information about the varied medical problems of ageing citizens. The three editors, from UK, USA and France, have ensured that updated chapters provide a global perspective of geriatric medicine, as well as reflect the changes in treatment options and medical conditions which have emerged since publication of the 4th edition in 2006. The book includes expanded sections on acute stroke, dementia, cardiovascular disease, and respiratory diseases, and features a new section on end-of-life care. In the tradition of previous editions, this all-encompassing text continues to be a must-have text for all clinicians who deal with older people, particularly geriatric medical specialists, gerontologists, researchers, and general practitioners. This title is also available as a mobile App from MedHand Mobile Libraries. Buy it now from Google Play or the MedHand Store. Praise for the 4th edition: "...an excellent reference for learners at all clinical and preclinical levels and a useful contribution to the geriatric medical literature." —Journal of the American Medical Association, November 2006 5th edition selected for 2012 Edition of Doody's Core Titles™ Guidelines for the Implementation of Clinical Governance in Geriatric Medicine Adult-Gerontology Practice Guidelines, Second Edition Springer Publishing Company

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Geriatric Medicine at a Glance logically presents the core principles of geriatric medicine, including mechanisms of ageing, changes in physiology commonly seen in older adults, and the clinical management and treatment of the key medical presentations affecting older patients. It provides a thorough overview of the essential required core knowledge, mapped to the British Geriatrics Society undergraduate curriculum on ageing. Geriatric Medicine at a Glance: - Is fully aligned with the newly developed British Geriatric Society curriculum on ageing for undergraduate medical students - Explains the relevant concepts associated with ageing in addition to the common medical presentations seen in older adults - Includes the perspective of nurses and other allied health professionals - Features 'best of five' MCQ self-assessment questions Geriatric Medicine at a Glance will help address the uncertainty often experienced by medical students and junior doctors when dealing with older patients.

A change is coming. By 2050, the world's 65-and-older population will double, and the 85 and older population will mushroom fivefold. As the number of older adults surge, so too will the number of medication management challenges pharmacists and other health care providers experience. For the geriatric population, complex cases are often the norm, and providing safe and effective care can mean considering assessments of function and cognition, contacting multiple prescribers, and understanding a patient's history, beliefs, and care giving situation before making therapeutic decisions. Fundamentals of Geriatric Pharmacotherapy:

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An Evidence-Based Approach gives practitioners the information they need to improve outcomes and personalize care for elderly patients. Section 1 explores important foundational concepts such as social and behavioral issues, ethical considerations, biomedical principles of aging, geriatric assessment, and polypharmacy. Section 2 covers common disease states in aging adults, providing evidence-based treatment information as well as helpful tips for minimizing common problems and contending with clinical controversies. Particular attention is given to how treatment can differ along the spectrum of active elderly to frail elderly patients. Useful features throughout the book guide practitioners in navigating the maze of information required when caring for an older patient. These include:

- Summarized treatment guidelines
- Reviews of the evidence-base
- Special focus on recommendations for frail elderly
- At least one full case study, or more, in each chapter
- Clinical Pearls
- Key Points highlight important information in each chapter
- Key terms and definitions

The demands of an aging population mean a greater understanding of geriatric pharmacotherapy will soon be essential for all health care providers. *Fundamentals of Geriatric Pharmacotherapy* ensures that you'll have the information needed to respond appropriately. This book is an authoritative and well-structured text which is both topic and curriculum oriented, aimed to appeal to a wider multi-professional audience in line with the current NHS workforce training needs in the UK. It is based on the 'specialist certificate

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examination' (SCE), awarded for the completion of higher specialist training. Following closely the published blueprint from the Royal College of Physicians, and the curriculum from JRCPTB, it provides an up-to-date bank of revision material. These 300 questions in the 'single best answer' (SBA) format (like the actual assessment), are complete with comprehensive, well-evidenced explanations and explanatory further reading material. Key Features Maps the entire curriculum covered on the geriatric specialization exam Addresses the gap in the market to educate on the core curriculum for the busy professionals and post graduate medical trainees working towards this examination The book is thematically organized to make it an accessible quick reference for also those not planning to take the exam but seeking to broaden and deepen their own knowledge base Print version of the book includes free access to the app (web, iOS, and Android), which offers interactive Q&A review plus the entire text of the print book! Please note the app is included with print purchase only. The only book designed specifically to prepare students for the Adult-Gerontology Acute Care Nurse Practitioner (AG-ACNP) exams, this unparalleled review details the step-by-step journey from classroom to patient room and beyond. This book begins with proven test-taking strategies for students and provides an overview of common pitfalls for

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exam takers. It features question styles and content material from both the American Association of Critical-Care Nurses (AACN®) and American Nurses Credentialing Center (ANCC) exams, providing an overview of the certification exams written specifically by the certification organizations themselves. With more than 630 unique questions, this review contains completely up-to-date and evidence-based exam preparation. Practice questions are organized into body system review, special populations, and legal/ethical issues, and culminate in a 175-question practice test that represents the length, variety, and complexity of board exam questions. All questions' answers have accompanying rationales based on clinical practice guidelines. Completely unique to this publication, the last section of Adult-Gerontology Acute Care Nurse Practitioner Q&A Review guides one through the next steps after the exam—how to progress into practice with your new certification.

**KEY FEATURES**

- Over 630 practice questions with answers and rationales
- The only current book publication designed specifically to prepare students for the AG-ACNP exams
- Contains the most current information and practice using published guidelines
- Exam tips and perils/pitfalls to avoid in test-taking
- Includes free access to interactive ebook and Q&A app—track and sync your progress on up to three devices!
- Features a collection of publications for medical

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practitioners concerning geriatric medicine, produced or endorsed in Canada by various national, provincial, or territorial health, professional, and government agencies. Offers access to guidelines for the practice of geriatric medicine, compiled as part of the Clinical Practice Guidelines (CPG) Infobase of the Canadian Medical Association (CMA).

This book distills the wealth of knowledge contained in the classic text, *Geriatric Medicine: An Evidence-Based Approach*, 4/e into a practical guide for primary care, family medicine, and internal medicine residents. Written by top experts in the field, the book offers a detailed, compact overview of geriatric care. It addresses geriatric pharmacology, Medicare and Medicaid, and numerous other subjects unique to older adults. The case-based instructional approach helps readers navigate the complexity of prevention, presentation, and treatment for conditions such as depression, dementia, and hypertension. Graphs and tables aid the reader in determining the proper courses of treatment. Integrative geriatrics is a new field of medicine that advocates for a whole-person, patient-centered, primarily non-pharmacological approach to medical care of the elderly. Most current geriatric practices overprescribe medications and procedures and underutilize non-pharmacological, low-cost, high-touch methods. Patients, however, often show

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reluctance towards these standard practices, as the interventions they rely upon are often invasive. The practice of integrative geriatrics is rooted in lifestyle interventions, such as nutrition, movement therapies, and mind-body and spirituality approaches, that allow patients to have different path to their healthcare-one that utilizes pharmaceuticals and invasive procedures only when safer integrative approaches are not available or not effective. This first definitive textbook of this new field presents detailed, evidence-based information for all healthcare providers and advocates who work with geriatric population. It is intended not only for providers in outpatient settings, but also to those who work in nursing homes, assisted and independent living facilities, and senior community centers. In addition, Integrative Geriatric Medicine will provide valuable information for leaders and politicians who are involved with implementing policies and procedures for care of elderly patients looking for safer, less costly, and more patient-centered approaches.

The most complete, authoritative guide available on the diagnosis and treatment of disorders affecting the elderly -- updated with a new global perspective A Doody's Core Title for 2011! "In addition to serving as a timely, comprehensive, state-of-the-art textbook of geriatric medicine anchored in science, evidence-based medicine, and patient-centered practice, the

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book also is intended to meet the learning needs of fellows in geriatric medicine. The authors succeed in modeling a textbook of geriatric medicine on textbooks of internal medicine. 3 Stars."--Doody's Review Service The undisputed leader on the subject of geriatrics, this comprehensive guide combines gerontology principles with clinical geriatrics offering unmatched coverage of this area of medicine. Written by some of the world's most respected geriatricians, Hazzard's Principles of Geriatric Medicine and Gerontology presents the most up-to-date, evidence-based medical information available -- in a revamped 2-color design that makes finding the answers to your questions faster and easier than ever. Features: A greater emphasis on evidence-based medicine through the expanded use of Clinical Practice Guidelines and references to systematic reviews and critically appraised topics A new international advisory board of 12 global authorities and an increased number of international contributors for a greater global perspective Important new chapters on the cultural aspects of geriatrics, emergency geriatrics, hospital geriatrics, international geriatric care, and rural geriatric care Information integrated with additional online resources Tables, drawings, and clinical algorithms made even more effective by a new two-color design 300 illustrations (including 64 in a full-color insert)

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